

Everyone's a Counselor – handout #1 Sunday Mar 6, 2022

Crossroads Bible Church class description:

Did you know that you are doing the work of counseling when you talk with a friend about a difficult decision they're facing?

When you answer a child's question about God?

When you pray with a loved one for something they're anxious about?

All of us do the work of counseling all the time. Even though most of us won't become professional counselors, we can all benefit from training to help us be more effective and biblical in the counsel we give.

This class will cover topics such as:

- How should grace shape our counseling?
- What impact does our knowledge of God have on these conversations?
- How can we help a friend address sin in their life when they ask our advice?

This is a class for everyone who is interested in growing to be more effective and biblical in their conversations and relationships.

Quotes from Heath Lambert "A Theology of Biblical Counseling"

- (1) "Counseling is a theological discipline."
- (2) "Counseling is a conversation where one party with questions, problems and trouble seeks assistance from someone they believe has answers, solutions and help."
- (3) "Theology is what the whole Bible teaches us today about any given topic."
- (4) "Counseling success that honors Christ is based in the Word, and leads to qualitative and lasting change in the heart of a person".